



TREAT **ALL** OF ME

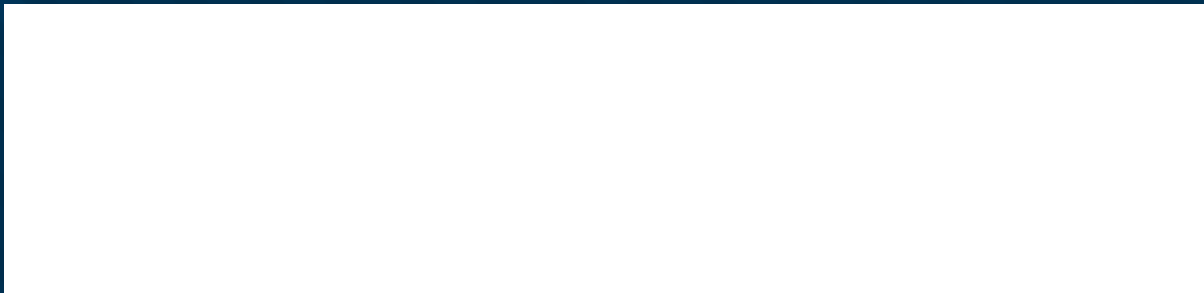


CHANGING CARE
TOGETHER SUMMIT
2023





**TOGETHER, WE CAN
CHANGE HEALTHCARE
FOR THE BETTER.**



YOUR NAME HERE

THINGS TO KNOW DURING THE SUMMIT

WI-FI INFO

Network: NCC1

Password: NorrisCenters90

HAVE A QUESTION DURING THE EVENT? REACH OUT!

Chris Valdez

713.459.8634

cvaldez@nexushealthsystems.com

SHARE YOUR SUMMIT EXPERIENCE!



Use #changingcaretogether in all your social media posts.

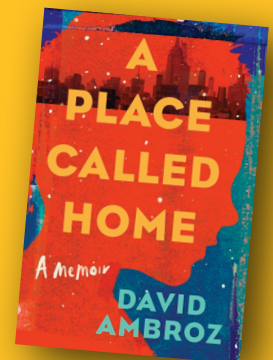
WE WANT TO HEAR FROM YOU.



Take our post-event survey to share your thoughts about the summit!

“A PLACE CALLED HOME”

Included in your event materials is a gift from Nexus Health Systems: a copy of keynote speaker David Ambroz’s memoir, in which he details his experience living with a parent with mental illness, homelessness, and the foster care system.



SUMMIT AGENDA



- 8:00 – 9:00** Registration and Networking Breakfast
- 9:00 – 9:15** Welcome & Opening Remarks
- 9:15 – 10:15** Keynote Speaker: David Ambroz, Author of “A Place Called Home”
- 10:15 – 11:00** Speaker Session: Kristin Canavera, PhD, MBE, Integrating Mental Healthcare for Medically Complex Children: A National Perspective
- 11:00 – 11:15** Networking Break
- 11:15 – 12:00** Panel Discussion Led by Jamie Freeny, DrPH, MPH, Integrating Mental Healthcare for Medically Complex Children: A Texas Perspective
- 12:00 – 1:00** Lunch, A Personal Story: The Parent Perspective with June Finnerty, MA, RN, and A Conversation with Greg Hansch of NAMI Texas
- 1:00 – 1:30** Community Impact Project Benefiting DePelchin Children’s Center
- 1:30 – 2:00** Call to Action from Jamie Freeny, DrPH, MPH
- 2:00 – 2:15** Closing Remarks





MEET THE SUMMIT CONTRIBUTORS







**THE OPPORTUNITY
TO CHANGE ONE'S
CIRCUMSTANCES HAS TO
BEGIN WITH MENTAL
AND PHYSICAL HEALTH.**

DAVID AMBROZ, "A PLACE CALLED HOME"



KEYNOTE SPEECH

DAVID AMBROZ

Bestselling author

Based on his memoir, David will share his early experiences navigating homelessness with a mentally ill parent to his time in foster care and eventually escaping the cycle of poverty that traps generations of families. A graduate of both Vassar College and UCLA School of Law, David's inspirational story recounts how he's spent decades as a child welfare expert and advocate, worked to effect change in major corporations like Disney and Amazon, and through governmental changes in Washington, DC, been recognized by President Barack Obama as an American Champion of Change. In his talks and through his work, David continues to uplift the communities in which he grew up - those in poverty, foster youth, families and individuals struggling with mental illness, and the LGBTQ+ community.



SPEAKER SESSION

KRISTIN CANAVERA, PhD, MBE

**Pediatric Psychologist at Ochsner Hospital
for Children**

A pediatric psychologist at Ochsner Hospital for Children, Dr. Canavera provides treatment for children, adolescents, and young adults coping with and adjusting to chronic or life-threatening medical conditions. She has served in several leadership and advocacy roles on institutional and national committees, including co-director of the Fellowship Program in Pediatric Psychology at Ochsner and founder and Chair of the Critical Care Special Interest Group of the Society of Pediatric Psychology.



PANEL DISCUSSION

JAMIE FREENY, DrPH, MPH

**Director of the Center for School Behavioral Health at
Mental Health America of Greater Houston**

Dr. Freeny currently serves as the Director of the Center for School Behavioral Health and works collaboratively with school districts, child-serving organizations, and providers to implement data-driven equitable practices and policies that improve the mental and behavioral health of youth. She was awarded the 2021 Child Advocate of the Year for the State of Texas, is recognized as a child mental health expert, has testified at the Texas Capitol, been interviewed by local and national news outlets, and presented at numerous conferences. She obtained her Doctorate of Public Health degree from the University of Texas Health Science Center in Houston, where she focused on adverse childhood experiences among adolescents and trauma-informed care.

PANEL PARTICIPANTS

Integrating Mental Healthcare for Medically
Complex Children: A Texas Perspective



JASON JAMES, MD



SAFI SHAREEF, MD



SONIA POPATIA, MD

SPEAKER SESSION

JUNE FINNERTY, MA, RN



June has been in the health profession for more than 35 years, with a background in nursing and nursing education. She is also a founding member and current president of the Texas Prader-Willi Association (TXPWA). As the mother of a child with PWS, June understands the challenges of caring for an individual with co-occurring medical and behavioral needs. She has been deeply involved in the PWS community, founding a local support group that later evolved into TXPWA and a residential home for children with PWS. Her goal is to help individuals get the help they need to live meaningful lives with PWS.



SPEAKER SESSION
GREG HANSCH

Executive Director for the National Alliance on Mental Illness (NAMI) Texas

Greg Hansch serves as the Executive Director of NAMI Texas. He joined NAMI Texas in 2012 and has previously served in government affairs roles. In his current role, he is responsible for providing direction and leadership toward the achievement of NAMI Texas' mission. He is a Licensed Masters-Level Social Worker and a family member of a person with serious mental illness. He received a Master's degree in Social Work with a concentration in Nonprofit and Public Management from Rutgers University and a Bachelor of Arts degree in Government and Politics from the University of Maryland. He is an alumnus of the Policy Academy of the Hogg Foundation for Mental Health at the University of Texas at Austin. One of his proudest professional achievements is earning NAMI's Richard T. Greer Advocacy Award for "his outstanding work, leadership, and service on behalf of all people living with mental illness."





**SEGMENTING CARE
CONTRIBUTES TO STIGMA
AROUND SERVICES IN
MENTAL HEALTH.**

KRISTIN CANAVERA, PhD, MBE





MY CHANGING CARE TOGETHER ACTION SUMMARY

TOP THREE ACTIONS I WILL TAKE

TOP THREE CONTACTS I WILL REACH OUT TO

FOR FURTHER READING



The following is a list of helpful resources to help guide and inform your next steps. Visit changingcaretogether.com/resources/ for a complete library of summit materials.

GENERAL RESOURCES

Casey PH, Lyle RE, Bird TM, et al. Effect of Hospital-Based Comprehensive Care Clinic on Health Costs for Medicaid-Insured Medically Complex Children. *Archives of Pediatrics & Adolescent Medicine*. 2011;165(5). doi:<https://doi.org/10.1001/archpediatrics.2011.5>

Cohen E, Lacombe-Duncan A, Spalding K, et al. Integrated complex care coordination for children with medical complexity: A mixed-methods evaluation of tertiary care-community collaboration. *BMC Health Services Research*. 2012;12(1). doi:<https://doi.org/10.1186/1472-6963-12-366>

Canavera K, Johnson LM. Integrating Mental Health Care for Medically Complex Children. *Pediatrics*. 2020;146(2):e20190898. doi:<https://doi.org/10.1542/peds.2019-0898>

Foster CC, Agrawal RK, Davis MM. Home Health Care For Children With Medical Complexity: Workforce Gaps, Policy, And Future Directions. *Health Affairs*. 2019;38(6):987-993. doi:<https://doi.org/10.1377/hlthaff.2018.05531>

Hofacer RD, Panatopoulos A, Vineyard J, et al. Clinical Care Coordination in Medically Complex Pediatric Cases: Results From the National Survey of Children With Special Health Care Needs. *Global Pediatric Health*. 2019;6:2333794X1984791. doi:<https://doi.org/10.1177/2333794x19847911>

SPEAKER/CONTRIBUTOR PUBLICATIONS

Jamie Freeny, DrPH, MPH

Freeny J, Peskin M, Schick V, et al. Adverse Childhood Experiences, Depression, Resilience, & Spirituality in African-American Adolescents. *Journal of Child & Adolescent Trauma*. 2021;14(2):209-221. doi:<https://doi.org/10.1007/s40653-020-00335-9>

Freeny J, et al. Trauma Informed Practices in Schools: Understanding Racial Trauma and Cultivating Wellness. doi:<https://theathenaforum.org/webinar-trauma-informed-practices-schools-understanding-racial-trauma-and-cultivating-wellness>.

Kristin Canavera, PhD, MBE

Canavera KE, Elliott DA. Mental Health Care During and After the ICU. *Chest*. 2020;158(5):1835-1836. doi:<https://doi.org/10.1016/j.chest.2020.06.028>

Parris KR, Harman JL, Jurbergs N, Allen JM, Canavera KE. Beyond clinical practice in pediatric psychology: Illustrative experiences in influencing practice changes, public opinion, and governmental policies. *Psychological Services*. 2020;17(S1):98-109. doi:<https://doi.org/10.1037/ser0000385>

Canavera K, Allen J, Johnson LM. The Need for Improved Access to Mental Health Services for Youth With Medically Unexplained Symptoms. *The American Journal of Bioethics*. 2018;18(5):29-31. doi:<https://doi.org/10.1080/15265161.2018.1445316>

Canavera K, Johnson LM, Harman J. Beyond Parenting: The Responsibility of Multidisciplinary Health Care Providers in Early Intervention Policy Guidance. *The American Journal of Bioethics*. 2018;18(11):58-60. doi:<https://doi.org/10.1080/15265161.2018.1523499>

Canavera KE, Ollendick TH, Ehrenreich May JT, Pincus DB. Clinical Correlates of Comorbid Obsessive-Compulsive Disorder and Depression in Youth. *Child Psychiatry & Human Development*. 2010;41(6):583-594. doi:<https://doi.org/10.1007/s10578-010-0189-y>

THANK YOU TO OUR SPONSORS



PARTNERING SPONSOR



CONTRIBUTING SPONSOR



PARTICIPATING SPONSOR





ABOUT NEXUS HEALTH SYSTEMS

Nexus Health Systems is a safe and efficient discharge option for children, adolescents, young adults, and adults who need a bridge between hospital and home. Offering a unique combination of physical, behavioral, and mental health services and support, we care for patients across our network of facilities. With locations throughout Texas, Nexus offers a continuum of care that enables patients to transition from higher acuity to lower acuity environments as progress is made. Taking a holistic approach, our specialized programs guide individuals through behavioral or mental health challenges with co-occurring medical needs, brain and spinal cord injury, medically complex diagnoses and conditions, and neurodevelopmental disorders. Nexus is committed to serving the needs of our community and helping individuals return to lives of productivity and meaning. Learn more at nexushealthsystems.com.

NEXUS
HEALTH SYSTEMS
MENDING MINDS.

KEEP THE CONVERSATION GOING
Interested in learning about
Nexus Health Systems? Get in touch!

Erin Cassidy
713.589.4136
ecassidy@nexushealthsystems.com



TREAT
ALL
OF ME

CHANGING CARE
TOGETHER SUMMIT
2023

HOSTED BY
NEXUS
HEALTH SYSTEMS
MENDING MINDS.